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Hospice of the Valleys

Working with you to support patients with life-limiting conditions

Hospice of the Valleys is a specialist palliative care service supporting people in Blaenau Gwent, who are living with a life-limiting condition.

We work alongside GPs, hospital teams and community services to provide coordinated, compassionate support for patients along with the people who matter most to them.

hospiceofthevalleys.org.uk 01495 717277 enquiries@hospiceofthevalleys.com

When to refer

Patients may benefit from referral at any stage of a life-limiting illness — not only at the end of life.

A referral may be helpful if someone:

- Needs support to improve quality of life through symptom managment and emotional well being.
- Needs support to remain at home
- Is approaching the end of life
- Has complex or changing symptoms
- Would benefit from support for loved ones or carers

Who we support

We support people in Blaenau Gwent who are living with a life-limiting condition, including; cancer, heart failure, COPD, dementia, neurological conditions, such as MND and MS.

Hospital partnership

We work closely with Aneurin Bevan University Health Board to provide specialist palliative care support in local hospitals, including:

- Ysbyty Aneurin Bevan
- Ysbyty Tri Chwm

Our Advanced Nurse Practitioner works alongside ward teams to support patients with palliative care needs, help coordinate care between hospital and community services, and provides advice for staff managing complex patient needs.

Our services

Our multidisciplinary team provides specialist palliative care support tailored to each patient's needs, priorities and circumstances.

Our services include:

- Consultant-led specialist support, including Clinical Nurse Specialists and Advanced Nurse Practitioners
- Living Well outpatient support at the hospice
- Hospice at Home support at end of life, or during times of increased need
- Complementary therapy and physiotherapy
- Carer support
- Emotional and practical support for patients and their loved ones
- Bereavement support
- Specialist dementia support through CARIAD
- Chaplaincy and spiritual support
- Out of Hours — nurse led advice line offered between the hours of 5pm and 9am weekdays, 9am and 5pm on weekends

We can also help signpost to alternative more appropriate services if needed.

Support may take place in people's homes, care homes, outpatient settings, the hospice day centre, or local hospitals.

What the Hospice does and doesn't do

	GP	District Nurses	Velindre (Chemo pager)	Hospice of the Valleys	Social Services	Respitory Team
Advice on medication	✓			✓		
Change of medication	✓					
Post Chemotherapy treatment advice			✓			
Syringe driver	✓	✓		✓		
Uncontrolled pain	✓	✓		✓		
Breathlessness	✓	✓		✓		
Constipation	✓	✓				
Nausea and vomiting	✓	✓		✓		
Dressing of wounds		✓				
Blocked catheter		✓				
Oxygen	✓			✓		✓
Equipment (e.g hospital beds)		✓			✓	
Package of Care					✓	
Future Care Planning	✓	✓	✓	✓	✓	
Verification of Death	Day and OOH	Day and OOH		Only if CNS is present during death		

How to make a referral

Referrals are usually made by health or social care professionals. Referrals need to be made using Hospice of the Valleys referral form. Not using this form could cause delays in processing.

Scan the QR code or visit the link below to learn more about referring a patient. You can also contact our clinical team for guidance and additional information.

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