Registered company no. 2007005
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Hospice of the Valleys

Support shaped around what matters most to you.

Hospice of the Valleys supports people in Blaenau Gwent who are living with a life-limiting condition, along with their loved ones.

Our specialist team works alongside you to help you live as well as possible, in the ways that matter most to you.

As your needs change, the support you receive may change too, and you may be discharged if specialist hospice support is no longer needed.

hospiceofthevalleys.org.uk 01495 717277 enquiries@hospiceofthevalleys.com

How we can support you.

We offer specialist palliative care support shaped around your needs and priorities.

We can help with:

- Consultant-led and specialist nursing care
- Living Well support to help manage symptoms and improve quality of life
- Hospice at Home support at end of life or during times of increased need
- Emotional and practical support
- Physiotherapy and complementary therapies
- Specialist dementia support through CARIAD
- Support for carers and loved ones
- Bereavement support
- Chaplaincy and spiritual support
- Out of Hours – nurse led advice line offered between the hours of 5pm and 9am weekdays, 9am and 5pm on weekends

We work closely with GPs, hospital teams and community services so support feels seamless, and centred around you.

Support where you feel most comfortable.

Support can be provided in the place that feels right for you:

At home or in a care home setting: Community and Hospice at Home teams helping you stay as comfortable and independent as possible.

At the hospice: Through appointments and services such as Living Well.

In hospital: Specialist support at Ysbyty Aneurin Bevan and Ysbyty Tri Chwm.

As your needs change, the support you receive may change too.
Patients who become stable can be safely discharged from specialist palliative care back to general clinical care for ongoing support.

CARIAD

CARIAD is our specialist dementia support service for people living with dementia and their loved ones. The service is delivered by an experienced team of social workers and dementia specialist practitioners.

We can help with:

- Personalised support and advice
- Help to understand and live with a dementia diagnosis
- Future care planning, including Lasting Power of Attorney
- Support for carers
- Wellbeing opportunities and activity groups
- Signposting to other helpful services

Living Well

Our Living Well service offers outpatient support focused on what matters most to you.

We can help with:

- Managing symptoms
- Emotional wellbeing
- Practical support
- Improving quality of life

We support you and your loved ones.

Hospice at Home

Hospice at Home is a small team of Healthcare Support Workers who give hands-on support to people at the end of life in their own home.

This service is offered only to patients who meet specific hospice criteria and is not available to everyone.

Family Support Team

Our Family Support Service offers support to you and the people who matter most to you including; emotional and practical guidance, support with financial concerns, help with planning ahead, support during illness at end of life, and on into bereavement.

If you live in Blaenau Gwent, you may still be able to access bereavement support even if your loved one was not previously known to us.

Accessing support

Support is usually accessed through a GP, hospital team or care home staff referral, but you can also contact us directly to find out more using the details below.

Scan the QR code to visit our website and learn more about our services.

All our services are free of charge, thanks to the generosity of our community.

hospiceofthevalleys.org.uk 01495 717277 enquiries@hospiceofthevalleys.com