

Hospice of the Valleys 5 Peaks Challenge Terms and Conditions

The Terms of Conditions are for entrants participating in Hospice of the Valleys 5 Peaks Challenge. Completion of an entry form or purchase of an entry by every participant acknowledges acceptance of these Terms and Conditions by the participant.

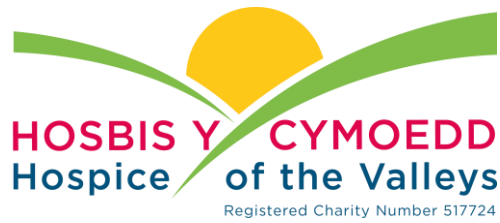
Participant = you, the person taking part.

The Event = Hospice 5 Peaks Challenge.

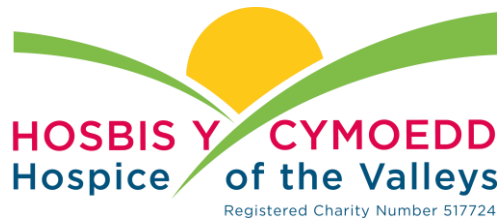
Sponsorship

For this event you pledge to raise a minimum of £600.00 (excluding gift aid or registration fees where applicable) in sponsorship money for Hospice of the Valleys. Eighty percent (80%) of the sponsorship must be received by the Hospice 2 weeks prior to the event, with the remaining amount within one month of the event. All funds raised through the event must be payable to Hospice of the Valleys in £ sterling. The objective is to enjoy the event whilst raising as much sponsorship as possible.

1. By entering the event the participant automatically accepts our terms & conditions.
2. Participating in the Hospice 5 Peaks Challenge is a hazardous activity. Each participant acknowledges that there is an inherent risk of physical injury that cannot be eliminated completely, including but not limited to an above-average risk of death and/or serious injury. Knowing this, each participant voluntarily assumes all of the risks of participating in the event, including the use of fancy dress and takes full responsibility for any and all damages, liabilities, losses, or expenses incurred as a result of their participation.
3. You are advised to seek medical advice to participate in the event if you are pregnant or have any health concerns, health conditions.
4. The participant is fully responsible for their actions whilst attending the event. This includes the event centre and during the event itself. Hospice of the Valleys does not accept responsibility for the actions of the participant nor the consequences of such actions.
5. The event involves a level of sustained physical activity. Each participant, upon signing the registration form or purchasing a ticket, agrees that they are physically and mentally capable of completing the event.
6. Participants making the decision to take part and must be satisfied that this activity is suitable for them as individuals. Hospice of the Valleys cannot be held accountable for aggravation to illness or injury sustained due to participation in this activity. Participants are recommended to seek advice from their medical practitioner prior to taking part in this event, and make provisions to ensure their safe participation.



7. Each participant agrees to abide by the event rules including: no urination or defecation is permitted outside of designated areas; no bikes, scooters, skate boards or similar are allowed on the route at any time; and no clothing, props or equipment that pose an unnecessary risk to participants, spectators or personnel are permitted. The participant also specifically agrees to obey all civil and criminal laws, including traffic laws and regulations, countryside code.
8. Dogs are not permitted on this event.
9. Each participant agrees to exhibit appropriate behaviour at all times; demonstrate respect for all people, equipment and facilities; and participate with a cooperative and positive attitude.
10. The Event Registration Form or purchase of a ticket must be completed by a person aged 18 years or over. Evidence of age may be requested. Participants of the event must be 18 years of age at the time of the event.
11. Registering for an event indicates your consent for Hospice of the Valleys to contact you with event information through but not exclusively email and text message.
12. The data Hospice of the Valleys gather and hold is managed in accordance with GDPR and DPA (2018) and as such the Hospice will only use the information provided for the specific purpose for which it was provided. Our [Privacy Policy](http://www.hospiceofthevalleys.org.uk) can be found on our website, www.hospiceofthevalleys.org.uk.
13. All participants must follow any instructions given by walk leaders and event officials and their decision remains final.
14. For health and safety reasons you must not participate and use any personal entertainment listening devices. This is particularly important so as to follow any instruction provided and for you to be aware of your immediate surroundings at all times.
15. Hospice of the Valleys reserve the right, at its absolute discretion, to refuse to allow any participation that may cause offence or injury to the participant, other participants or spectators. This includes the wearing of any clothing or visual messages that may cause offence to others. Failure to comply with any instruction from event officials will result in ejection from the event and possible intervention of Gwent Police.
16. Hospice of the Valleys reserves the right to shorten or alter the published route at any time. Participants do not have the right to claim a refund if the route is shortened.
17. Hospice of the Valleys reserves the right to change any finish line gift or fundraising prizes and prize draws.
18. Each participant will be fully responsible for any fees or costs incurred or arising from an accident either involving or caused by them. This includes, but is not exclusive to, fees from Police, Air Ambulance, Fire and Rescue and the Ambulance service in and outside the United Kingdom. If the situation arises that you are not capable of making the decision to call the emergency services, the Participant agrees that a member of Hospice of the Valleys or a member of the public may call for them. In this situation, the participant still accepts the costs and consequences of such actions.
19. Each participant agrees to assign and grant the right and permission for Hospice of the Valleys and organising partners to use and publish any photographs/film/video/electronic representations and/or sound recordings of the participant on any activity. The participant hereby releases Hospice of the Valleys from any and all liability from such use and promotion. The participant hereby authorises the reproduction, sale, copyright, exhibit, broadcast, electronic storage and/or distribution of said photographs/film/video tapes/electronic representations and/or sound recordings without limitation at the discretion of Hospice of the Valleys. The participant specifically waives any right to any compensation they may have for appearing in any of the



photographs/film/video/electronic representations and/or sound recordings of the participant at the Event.

20. Event entry fees cannot be refunded under any circumstances.
21. Hospice of the Valleys reserves the right to cancel any event, due to extreme weather conditions or Force Majeure. In such an event, each participant's entry will be automatically moved to the rescheduled event. If a participant cannot make this event, they will be given the opportunity to transfer their place to another participant after consultation with the Hospice and through the appropriate method. No refunds will be issued.
22. Participation in the event is at own risk. Insurance cover is provided for all participants against a third party claim arising as a result of accidental damage to a third party property whilst participating in an event. This insurance cover is adjudged void if it is deemed the participant has acted negligently. No further insurance cover is provided by Hospice of the Valleys for participants in the event but Hospice of the Valleys strongly recommend each participant organises their own personal insurance cover.
23. Alcohol and recreational drugs are not permitted at the event. Hospice of the Valleys reserves the right to remove anyone who is under the influence of alcohol or recreational drugs, whether consumed prior to commencement or during the event.
24. We recognise family and friends may wish to photograph the event, however if you are a professional or commercial photographer and plan on taking multiple photographs of participants who are not personally known to you, this is strictly forbidden. Hospice of the Valleys reserves the right to ask any person taking photographs to refrain from doing so.
25. Hospice of the Valleys reserves the right to update its terms and conditions at any time prior to the event. An up to date copy of the terms and conditions will be displayed on the Hospice webpage and participants informed. Participants should read this prior to the taking part in the event.
26. Hospice of the Valleys may immediately dismiss anyone who disobeys any rules, directions, instructions, decisions, or laws, or whose behaviour endangers safety or negatively affects a person, facility, or property of any type or kind.

By ticking the box, you affirm you have read the terms and conditions and understand its content and voluntarily enter this agreement.

Hospice of the Valleys
September 2025