

Hospice of the Valleys – Damian Williams 10k and Junior 2k Run

Terms and Conditions

These Terms and Conditions apply to all entrants of the Hospice of the Valleys Damian Williams 10k and Junior 2k Run (“the Event”). By completing an entry form or purchasing a ticket, each participant (“the Participant”) confirms acceptance of these Terms.

1. Acceptance

1.1 By entering the Event, the Participant confirms agreement to these Terms and Conditions.

2. Health, Safety & Responsibility

2.1 Participation involves inherent risks, including the risk of serious injury or death. Participants voluntarily assume all risks and accept full responsibility for any loss, damage, or expense arising from their participation.

2.2 Participants who are pregnant are advised to seek medical advice before taking part.

2.3 Participants are fully responsible for their own actions during the Event and while at the Event centre. Hospice of the Valleys accepts no liability for their actions or consequences.

2.4 By registering, Participants confirm they are physically and mentally capable of completing the Event.

2.5 Participants must ensure the Event is suitable for them and are strongly advised to seek medical advice. Hospice of the Valleys accepts no responsibility for any aggravation of illness or injury.

2.6 Personal entertainment listening devices are not permitted for safety reasons.

2.7 Participation is entirely at the Participant’s own risk. No additional insurance is provided; personal insurance is recommended.

3. Conduct & Rules

3.1 Participants must comply with Event rules, including:

- No urination/defecation outside designated areas
- No bikes, scooters, skateboards or similar
- Compliance with all civil, criminal, and traffic laws

3.2 Participants must behave appropriately, respectfully, and cooperatively at all times.

3.3 Alcohol and recreational drugs are strictly prohibited.

3.4 Hospice of the Valleys may dismiss anyone who disobeys rules or behaves in a way that endangers safety or negatively affects others or property.

4. Age Requirements

4.1 Registration must be completed by someone aged 18 or over. Under-18s may participate with parental/guardian consent, and the consenting adult accepts responsibility for the child’s actions.

4.2 Junior Run entrants must be aged 4–16. Children aged 4–7 are advised to run with an adult.

5. Data & Communication

5.1 Personal data will be managed in accordance with GDPR and DPA (2018). The Privacy Policy is available on the Hospice website.

5.2 By entering, Participants consent to receiving essential Event communications via email, SMS, and other channels. Opt-out is available by contacting the Hospice.

6. Fees, Cancellations & Changes

6.1 Hospice of the Valleys may amend finisher gifts or incentive prizes at any time.

6.2 Participants are responsible for any fees or costs arising from accidents involving them, including emergency services.

6.3 Entry fees are non-refundable.

6.4 The Hospice may cancel the Event due to extreme weather or Force Majeure. Entries will transfer to the rescheduled date.

6.5 Terms and Conditions may be updated prior to the Event; the latest version will be available on the website. Participants should review the Terms before taking part.

7. Photography & Media

7.1 Participants grant Hospice of the Valleys and partners full rights to use photographs, video, or sound recordings from the Event for promotional purposes without compensation.

7.2 Participants may take and share their own photos. By tagging Hospice of the Valleys, they consent to the Hospice re-sharing the content.

By ticking the acceptance box, Participants—and parents/guardians for those under 18—confirm they have read, understood, and accepted these Terms and Conditions.

Hospice of the Valleys
December 2025