



Why not take on the challenge with your own peloton

The best way to have fun and raise money during your challenge is to join forces and fundraise as a group.

Follow the simple steps below to set up a team page so you can come together to help support patients with a life-limiting illness.

- Firstly everyone needs to sign up to the Pedal Power for the Hospice challenge
- Visit the Pedal Power for the Hospice Just Giving campaign and set up your own fundraising page by clicking on the orange 'Start Fundraising'
- Scroll down and select 'Taking part in an event'
- Select the 'Pedal Power for the Hospice' event
- Fill in the details and hit 'Create your page'
- This will present you with your own Pedal Power for the Hospice fundraising page.

To add your peloton

- Scroll down and select 'Create a team'
- List your peloton crew
- Complete the few quick questions on following pages
- Fill in your team fundraising total and your team link
- Hit 'Create your team' purple button
- Click on the 'Go to my team page' and 'Invite team members'

Track your miles with Strava

Connect your Strava account to your Giving Page so your miles will automatically appear on your page after every ride, allowing friends and family see you get closer to your goal!

Click [How to connect Strava to your Giving Page](#) and follow the simple steps

If you don't have a Strava account, you can create one [here](#) **Set up a Strava account** or there are also plenty of other free apps to track your rides including Cyclemeter, MapMyRide and Ride With GPS.

Once you are all set up with Strava, why not join our **Hospice of the Valleys Strava Club**. Share your activities, give and learn tips, gain and give Kudos to fellow athletes 😊

Click [Join our Club](#) and follow the simple steps.