

Hospice of the Valleys – Chase the Christmas Pudding

Terms and Conditions

Thank you for taking part in the *Hospice of the Valleys Chase the Christmas Pudding* (the **Event**). These Terms and Conditions are here to help keep everyone safe and ensure the Event runs smoothly. By completing an entry form or purchasing an entry, each participant confirms that they have read, understood, and agreed to these Terms and Conditions.

Definitions

- **Participant / You:** The individual taking part in the Event.
 - **The Event:** Hospice of the Valleys Chase the Christmas Pudding (also referred to as the Festive Fun Run).
-

1. Acceptance of Terms

By entering the Event, participants agree to be bound by these Terms and Conditions.

2. Risk and Personal Responsibility

The Event is a fun and festive activity, but it does involve physical exertion and potential hazards. Participants acknowledge that there is an inherent risk of injury, including serious injury or, in rare cases, death, which cannot be completely eliminated. By taking part, participants voluntarily accept all risks associated with participation, including wearing fancy dress, and accept responsibility for any injury, loss, damage, liability, or expense arising from their participation.

3. Medical Fitness and Wellbeing

- If you are pregnant or have a medical condition that may be affected by physical activity, we strongly recommend seeking medical advice before taking part.
- The Event involves sustained physical activity. By registering or purchasing a ticket, participants confirm they are physically and mentally able to complete the Event.
- Participation is entirely your choice, and it is your responsibility to decide whether the Event is suitable for you. Hospice of the Valleys cannot accept responsibility for any illness or injury that may be aggravated by participation.

4. Personal Conduct and Legal Compliance

- Participants are responsible for their own behaviour throughout the Event. Hospice of the Valleys is not responsible for participants' actions or the consequences of those actions.
- All participants must comply with applicable laws and regulations, including traffic laws.

5. Health and Safety

- For everyone's safety, personal entertainment or listening devices must not be used during the run. Being aware of your surroundings is essential.

- Alcohol and recreational drugs are not permitted. Hospice of the Valleys reserves the right to remove any participant suspected of being under the influence, whether before or during the Event.

6. Dress, Behaviour, and Event Rules

Hospice of the Valleys reserves the right to refuse entry or remove any participant whose behaviour, clothing, or visual messages could cause offence, injury, or risk to themselves, other participants, or the wider community. Participants must follow instructions from event officials at all times. Failure to do so may result in removal from the Event and, where necessary, involvement of Gwent Police.

7. Age Requirements

- Event registration or ticket purchase must be completed by someone aged 18 or over. Proof of age may be requested.
- Participants under 18 may take part only with the consent of a parent or legal guardian, who must complete registration or purchase a ticket on their behalf and accept responsibility for their actions.
- Children under 12 must be accompanied at all times by a participating, paying adult who is responsible for them.

8. Emergency Situations and Costs

Participants are responsible for any costs arising from an accident involving or caused by them, including (but not limited to) Police, Ambulance, Air Ambulance, and Fire and Rescue services, both within and outside the UK. If a participant is unable to request emergency assistance themselves, they consent to Hospice of the Valleys staff or a member of the public doing so on their behalf and accept responsibility for any resulting costs.

9. Insurance

Hospice of the Valleys does not provide insurance cover for the Event. Participants are responsible for arranging appropriate insurance to cover:

- Loss or damage to personal belongings or equipment;
- Injury, sickness, or death;
- Loss or damage caused to third parties;
- Any accident or injury resulting from their own actions.

10. Group Bookings

For group bookings, the Lead Person confirms that:

- They have read and accepted these Terms and Conditions on their own behalf and on behalf of all group members;
- They have the authority to agree to these Terms and Conditions for everyone in the group;
- They consent to the use of information provided in line with these Terms and Conditions;
- They agree to indemnify Hospice of the Valleys against any liability, loss, or claim arising from a breach of this authority.

11. Communications and Data Protection

- By registering, participants agree that Hospice of the Valleys may contact them with Event-related information via email and SMS.
- Personal data is handled in accordance with GDPR and the Data Protection Act 2018 and will only be used for the purpose for which it was provided. Our Privacy Policy is available at www.hospiceofthevalleys.org.uk.

12. Prizes and Fundraising

- Hospice of the Valleys reserves the right to change registration gifts, finish-line items, fundraising prizes, and prize draws if necessary.
- Sponsorship funds must be received by Hospice of the Valleys by **12 December** to qualify for prize draws. Draw prizes may be subject to change.

13. Photography and Media

By taking part, participants give permission for Hospice of the Valleys and its partners to use photographs, video, and audio recordings taken during the Event for promotional and other purposes, without payment or approval. This may include use online, in print, or in other media.

14. Refunds and Event Changes

- Entry fees are non-refundable under any circumstances.
- Hospice of the Valleys reserves the right to cancel or reschedule the Event due to extreme weather or events beyond our control. In such cases, entries will automatically transfer to the rescheduled date. If a participant cannot attend, they may request to transfer their place to another participant, subject to approval. No refunds will be issued.

15. Pushchairs, Buggies, and Dogs

- Pushchairs and buggies are welcome. Participants using them should start at the back of the pack, ensure children are securely fastened at all times, and accept responsibility for any related incident, injury, or damage.
- Well-behaved dogs are welcome too. Dogs must be kept on a lead at all times and start at the back of the pack. Owners accept responsibility for their dog and any incident, injury, or damage caused.

16. Virtual Participation

Participants taking part virtually must follow the Highway Code and take appropriate care when participating within their local community.

17. Updates and Enforcement

Hospice of the Valleys may update these Terms and Conditions at any time before the Event. The most up-to-date version will be emailed to participants. Hospice of the Valleys reserves the right to remove any participant who does not follow event rules or whose behaviour puts others, property, or the Event at risk.

18. Final Confirmation

By ticking the relevant box, participants (and parents or guardians of participants under 18) confirm that they have read, understood, and agree to these Terms and Conditions.

Hospice of the Valleys

February 2026